

HITLER, KURT COBAIN AND DERBYSHIRE CHILDREN **THE STORY OF HOW THEY ARE ALL LINKED**

By the early 1960's amphetamines were a popular street drug. Now they are being prescribed to children. Amphetamines, known on the street as uppers, Dexy's, lid proppers, Bennies and speed were invented in Germany in 1887.

Amphetamines had no medical use until in the 1920's and 1930's they were used as an over the counter drug for nasal congestion. Later in the century they were used for naughty children, impotence and epilepsy. Hitler injected amphetamines daily which reportedly increased his psychotic aggression.

Methylphenidate, a form of amphetamine, was and is a popular street drug. Many cocaine addicts switched to methylphenidate as both drugs have very similar actions. Methylphenidate is now a prescription drug; brand names being Ritalin and Concerta.

Withdrawal of the drug, according to Denmark's Cooperative Institution for Medical Drug Dependence, may induce fear, terror, panic, fear of insanity, an urge to kill or destroy, failing self confidence and depression.

Kurt Cobain (Nirvana) was prescribed Ritalin as a child. He later committed suicide.

Allegedly one of the greatest rock albums, which regularly features in top album of all time polls, was recorded almost non-stop over one week by using Ritalin. "A Wizard a True Star" is certainly an amazingly innovative but distinctly unusual album.

According to the U.S.A. Government side effects of Ritalin include suicidal tendency, violent behaviour, loss of appetite, bed wetting, headaches, depression, dizziness, heart complications, hallucinations, psychosis and severe psychological addiction. Celebrities who have publicly spoken out against Ritalins use on children are Tom Cruise and Sebastian Sainsbury (of the supermarket family).

Attention Deficit Hyperactivity Disorder (ADHD) is a manufactured mental disorder. It was voted into existence in 1987 by a show of hands by the American Psychiatric Association (A.P.A.) at their annual conference. Psychiatrists also invented several other disorders including "mathematics disorder" and "oppositional defiance disorder" all of which have drug treatments as their only "cures".

Brian Daniels spokesperson for the Citizens Commission on Human Rights (C.C.H.R.) a mental health watchdog says "it is appalling that drugs pharmacologically similar to cocaine are being handed out to young children and adolescents. Furthermore psychiatrists are forwarding the idea of a chemical imbalance to convince parents there is something wrong with a child's brain. Consultant psychiatrist Dr Bob Johnson claimed "Ritalin is like amphetamine and actually destroys brain tissue". In Ottawa, Canada a painstaking analysis of 62 studies on the use of Ritalin for ADHD has found little evidence of any worth in the drug.

Just recently one of the leading proponents of Ritalin prescription for children, Dr Patrick Cosgrove, has been struck off the Medical Register of the General Medical Council (G.M.C.) for over prescribing Ritalin to children some as young as two years old. In 2004 359,100 prescriptions for Ritalin were prescribed to children in England and Wales.

Ian Rumboldt, founder of the Belper Natural Health Centre, says "Hyperactivity in children is usually a result of poor or inappropriate diet. It has been shown that children who consume lots of sugar are more likely to become drug addicts. Do not give children much sugar, avoid cola (sugar and caffeine), avoid coffee and tea, avoid artificial colourings, E numbers and stimulants in food and drinks". Recent studies in Durham have shown Omega 3 Fish Oils or flax (linseed) oils are successful in treating hyperactivity and other behavioural conditions.

Ian Rumboldt continues "if a psychiatrist says your child has ADHD and needs Ritalin you should ask them if your child has a chemical imbalance. If the answer is 'yes' ask for a blood test and for written proof that such an imbalance exists. You will not be given either of these as there is no blood test and no substantial evidence to support this idea".

- Useful websites are www.ritalindeath.com, www.ablechildren.com, www.fightforkids.com and www.cchr.org.
- A useful book is "Attention Deficit Hyperactivity Disorder" by Professor Basant K. Puri.

So far 19 drug alerts and black box warnings on anti-depressants and stimulants used for childhood disorders have been issued by drug regulatory bodies around the world.

So that's how Adolph Hitler, Kurt Cobain and Derbyshire children are linked – the taking of cocaine like drugs, amphetamines.

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